

# Working and Studying Internationally

A guide for UK students

# GLOBAL CAREERS

Careers &   
Employability  
University of Lincoln



# Working and Studying Internationally

Studying and working internationally are a great use of your time while at university and as a choice for postgraduate study and graduate work experience. Gaining international experience whether through work or study are not only good to have on your CV and to add to applications and interviews they are a way of developing your understanding of the global world that we live in. Experiencing different cultures and languages will add to your personal career journey and make you a highly prized graduate to employers as someone with global understanding.

## In this guide:

- Fulbright Commission
- British Council
- Erasmus+
- Other opportunities
- International CV advice
- GoInGlobal and other resources

# Fulbright Commission



This US-UK commission was founded as a diplomatic treaty in 1948, and continues to foster intercultural understanding between the United States of America and the United Kingdom today through educational exchange.

There are two global programmes hosted by the Fulbright Commission - the Fulbright Scholarship and the EducationUSA advising network.

## Work and Study Opportunities

1

### Internships

Unpaid internships are open to individuals interested in international education, public diplomacy and event management.

There are three pathways available:

- EducationUSA Advising
- Fulbright Awards Programme
- Alumni and Fundraising

Read more: [www.fulbright.org.uk/media/1075/internshipdescription.pdf](http://www.fulbright.org.uk/media/1075/internshipdescription.pdf)

2

### Volunteering

There are three volunteering streams available to help you build public speaking and event management skills.

- USA College Day
- USA Grad School Day
- Outreach to UK schools and universities

3

### Study

The Fulbright Commission provides summer programmes for undergraduate students who have eligibility. It includes a four-week academic residency and a week-long educational tour.

Read testimonials: [www.fulbright.org.uk/alumni](http://www.fulbright.org.uk/alumni)

Explore all the opportunities available from the Fulbright Commission: [www.fulbright.org.uk](http://www.fulbright.org.uk)

# British Council



The British Council's aim is to provide educational opportunities and promote cultural relations. It can provide you with opportunities to study, work (possibly in an internship) or volunteer abroad.

## Work and Study Opportunities

1

### Study

The British Council offers a variety of study abroad opportunities. Programmes change on a yearly basis depending on funding availability, and which countries are able to take UK students.

Typically, UK students can find study placements all over the world, the most common countries being: China, Eastern Europe, Western Europe, the USA and New Zealand.

For up to date information about study opportunities, visit this website:

<https://www.britishcouncil.org/study-work-abroad/outside-uk>

2

### Volunteering and working

There are numerous streams of work and volunteering opportunities available through the British Council - including Language Assistants, Erasmus+ Trainees, European Voluntary Services, Teach India, Chinese Language Program and Volunteer in Ukraine.

To see everything that is available to you and learn more about each, visit <https://www.britishcouncil.org/study-work-abroad/outside-uk>

3

### Internships

There are two main internship schemes offered through the British Council:

- Internships in China  
Two month internship covering sectors such as IT, legal, marketing, accounting, pharmaceuticals, hospitality and tourism  
<https://www.britishcouncil.org/study-work-abroad/outside-uk/internships-china>
- British Council Internship in China Programme  
Six months in Beijing, you will join a department and work with a line manager.  
<https://www.britishcouncil.org/study-work-abroad/outside-uk/british-council-china-internship>

Explore all the opportunities available from the British Council: [www.britishcouncil.org](http://www.britishcouncil.org)

# Erasmus+



# Erasmus+

This programme offers opportunities to work or study between three to twelve months in one of 32 European countries as a part of your degree. Ensure you check with your tutor and Careers & Employability to see if your degree is eligible and that you meet the criteria.

## Work and Study Opportunities

1

### Study

The University of Lincoln is partnered with universities in the USA, Spain, Finland, Latvia, Netherlands, Germany, Belgium, France, Portugal and Austria (for more specific details, visit [www.lincoln.ac.uk/home/global-opportunities/goglobal/](http://www.lincoln.ac.uk/home/global-opportunities/goglobal/)). You will be entitled to EU funding, and can study at these universities as an outgoing student if you are in one of the following courses:

Law  
International Relations  
Political Science  
Criminology  
Social Policy  
Architecture  
Interior Architecture & Design  
Graphic Design  
English  
History  
Journalism

Media Production  
Film & Television  
Dance  
Drama  
Music  
Fashion  
Computer Science  
International Business Management  
International Tourism Management  
Events Management

With conditions (ask Careers & Employability):  
Life Sciences & Chemistry  
Psychology  
Social work  
Nursing

2

### Work placements

If your study offers a work placement, a placement in Europe could be eligible for Erasmus+ funding. Academic departments, including the Lincoln Business School and the School of Life Sciences allow you to participate in Erasmus+ work placements as part of your course.

Explore all the opportunities available from Erasmus+:

<https://www.erasmusplus.org.uk>

Or contact the Global Opportunities Team on: [GO@lincoln.ac.uk](mailto:GO@lincoln.ac.uk)

# Other opportunities

There are many companies offering international work and study. Some of these include teaching English posts. To teach English abroad you may need a TEFL (teach English as a foreign language) qualification. Some programmes offer training to attain this as part of their opportunity, so check with them directly.

Programmes you may want to explore are:

- Teach English in China: <https://teach-english-in-china.co.uk>
- ESL Starter –Teach English Abroad: <https://eslstarter.com>
- TEIC: <https://teic.co.uk>
- JET Programme (Japanese exchange and teaching): <https://jetprogramme.org/en/>
- J-1 Visa Exchange Visitor Programme (USA internship):  
<https://j1visa.state.gov/programs/intern>
- AIESC (volunteering and teaching): <https://aiesec.co.uk/students>
- BUNAC (work, summer camps, volunteering): <https://bunac.org.uk>
- STA Travel (study and work abroad): <https://statravel.co.uk/work-abroad.htm>
- Read more about TEFL at <https://www.prospects.ac.uk/job-profiles/english-as-a-foreign-language-teacher>

# International CV Advice

If you are applying to work abroad, you may need to tailor your CV to meet the standard of the country the opportunity is based in.

In many European and some non-European countries (such as China), it is common for CVs to include a passport-sized photograph in the top right-hand corner - however these photos can look unprofessional in countries like the UK, USA and Australia. Here are a few other differences to be aware of:

1

## France

Your CV should be in French and a maximum of two pages. Include the dates and levels of your qualifications, giving the equivalent in the French education system if possible. You should include your reading, writing and oral levels in French and mention if you have lived, worked or studied in France before. The covering letter which accompanies your CV is in France called the lettre de motivation. It should be in French and only one page long.

2

## Germany

A CV (lebenslauf) is used more than application forms in Germany. You must give precisely what the employer asks you for. It is also common to sign your CV at the bottom. You will need a one page cover letter, copies of all qualifications from secondary school onwards, evidence of any professional experience you have; including professional certificates and references from universities/previous employers.

3

## USA

A CV is known as a Resume in the USA. Keep it short and concise, usually one to two pages long. It should be accompanied by a cover letter. Resumes should have a few lines at the beginning on your career aims and give the employer an idea of what skills and experience you can offer. You don't need to include your GCSE and A-Levels if you have a degree. Include relevant skills, as well as any awards, publications and membership of any professional groups. Do not include details of your age, date of birth or sex as this may break equal opportunities law. References are also not usually expected at this stage - just leave off any mention of them.

To find qualification equivalents, go to <https://www.naric.org.uk/naric>

You can find example CVs and cover letters for International jobs under the 'Careers Guides' section on the GoinGlobal tool. See resources on the next page for more information on roles and applications in other countries.

# GoinGlobal and Other Resources



GoinGlobal is an International Information tool that the University subscribe to and is attached to **Blackboard**, on the 'My Careers' tab.

My Careers tab



Global Careers button

Accessing GoinGlobal is free, and will give you access to career guides, country specific CV examples, various searches and an employer directory, all for careers around the globe. You can find everything on here from temporary work that can support your study abroad to a professional internship that will increase your global employability.

## Other resources

- US Embassy & Consulates: <https://www.uk.usembassy.gov/visas/study-exchange>
- Target Jobs: <https://www.targetjobs.co.uk/careers-advice/working-abroad>
- Prospects: <https://www.prospects.ac.uk/jobs-and-work-experience/working-abroad>
- Foreign Office: <https://ww.gov.uk/foreign-travel-advice>
- Workpermit.com: <https://www.workpermit.com/>

# Get support from your Careers & Employability Service

## What we offer

- **Careers Clinic**  
Our Skills Advisers are available to support you with all aspects of job search or the recruitment process for any role; part-time, placement, work experience or graduate. Careers Clinic runs Monday-Friday 1-4 pm and is a drop-in session.
- **Careers Guidance**  
Our Careers & Employability Advisers offer 1:1 appointments to support you exploring your Career options and planning.
- **Career Events**  
We have daily events running to provide information and support your development; some are run by our expert Adviser team and others by employers. All events are advertised here; [www.uolcareers.co.uk/events](http://www.uolcareers.co.uk/events)
- **Lincoln Award**  
Our employability award is designed to support you in developing and learning how to demonstrate your employability skills. At the end of the award you get the chance to put your learning to the test in our Assessment Centre Experience! Each one is partnered with an employer and students find the opportunity to practise and the feedback they receive invaluable. Full details can be seen here; [www.uolcareers.co.uk/lincolnaward](http://www.uolcareers.co.uk/lincolnaward)
- **Vacancies**  
CareerLinc is our online portal where all vacancies are advertised; part-time, placement, work experience and graduate roles. All students are already set up on the system so simply use your University log-in to get started! <https://careers.lincoln.ac.uk>
- **Campus Jobs**  
Our Student Employment Agency which advertises all jobs for the University on campus; from admin to retail, one off roles to ongoing part-time jobs, find out more here; <https://uolcareers.co.uk/students-graduates/jobs-employment-options/campus-jobs/>
- **Online Resources**  
We have our own Careers & Employability online learning pathways on LinkedIn Learning. Full details can be found here; <https://uolcareers.co.uk/students-graduates/onlinelearning/>. We also provide many other online Career Tools. More information can be seen here; <https://uolcareers.co.uk/students-graduates/career-tools/>
- **International Careers Adviser**  
If you would like any further help with studying or working abroad you can book an appointment to see our International Careers Adviser via the Careers Centre and through the My Careers tab on Blackboard.



Careers & Employability Centre  
Ground Floor, Library  
Mon-Fri: 09:00-16:30  
T: +44 (0) 1522 83 7828  
E: [careers@lincoln.ac.uk](mailto:careers@lincoln.ac.uk)

[www.uolcareers.co.uk](http://www.uolcareers.co.uk)  
[www.facebook.com/UOLCareers](https://www.facebook.com/UOLCareers)  
[www.twitter.com/UOLCareers](https://www.twitter.com/UOLCareers)



# WHAT WE OFFER



International



Careers Information



CareerLink



Careers Clinic



Careers Jobs



The Lincoln Award



Graduate Jobs



Group Advice Sessions



Careers Guidance

The Careers & Employability Centre is open  
09:00 - 16:30, Mon - Fri

Telephone: 01522 837828

Email: [careers@lincoln.ac.uk](mailto:careers@lincoln.ac.uk)

Web: [www.uolcareers.co.uk](http://www.uolcareers.co.uk)