What to do after graduating:

**INTERNSHIPS**

**What to do after graduating**

Aren't internships something you do while you're still a student?

While some opportunities are aimed at students...

The University of Lincoln partners with companies to offer many graduate internships.

If you want to work for a particular company, you may be eligible for a funded internship with the support of the Uni's Careers & Employability Team.
What Will I Do?

Mostly, you'll be working as if you are a regular employee and you will be working at a graduate level.

You can take advantage of having the chance to make professional connections and gain extra guidance.

You'll gain hands-on experience in a set time frame to boost your career prospects.
Why Do It?

Here's some insights from University of Lincoln alumni:

Shey Osibowale
Account Executive
Shooting Star PR

It's a great way to get experience - it's also a great way to get your foot in the door, gets you knowing people in the industry you're trying to get into.

An internship gave me the extra help and support I needed to get a grasp on the world of work.

Guy Holwell
Environment Health & Safety Officer
Longhurst Group

It's thanks to my internship that I have such a fantastic job today!

Jo Graham
Digital Media Developer
Mortons Media Group

Hear more about alumni internship experiences: youtu.be/gWE0ys0DNv8?list=PLw3ysYfs9ZwXopvSiaJQMhWWx9F5h3c
Where To Look

Check out the Jobs tab on the University of Lincoln Careers & Employability site. Under it, you'll find:

- How to register or login to our job search
- Internship listings from companies partnered with the University
- Information on how to get job alerts from our social media.

www.uolcareers.co.uk

Hi, I'm studying at the University of Lincoln and...

Get in contact with companies who interest you, and ask them directly if they could offer you any opportunities.
For more information, visit the following websites:

- www.uolcareers.co.uk/students-graduates/jobs-employment-options/internships
- https://targetjobs.co.uk/internships/advice
- www.prospects.ac.uk/jobs-and-work-experience/work-experience-and-internships/internships

Need more help, or this information in a different format?

Careers & Employability
University of Lincoln
Brayford Pool
Lincoln
LN6 7TS

T: +44 (0) 1522 83 7828
E: careers@lincoln.ac.uk

Careers Centre Service
Arrange an appointment, get resources, find out what we have to offer you
Upstairs, University of Lincoln Students’ Union
Monday - Friday
10:00 - 15:00

Careers Clinic Drop-In
Get quick 1:1 advice to give your career journey a boost
Upstairs, University of Lincoln Students’ Union
Monday - Friday
13:00 - 15:00

Find us at www.uolcareers.co.uk